

## Further Retreats & Events

### \*Creative Workshops

Release your own inner artist.

Contact *Fr. Paddy Howell* 087-7860175

phaol@yahoo.com

Apr 6 - 8

Jul 27 - 30

Nov 2 - 5

### Friends of the Elderly

Working towards addressing loneliness and isolation felt by elderly people For more information Contact *Niamh Macken* 01 8731855

Contact *Frances* 086 2574038/www.friendsoftheelderly.ie

May 5 - 7;

Sep 1 - 3

### Esker Festival Day

Family activities day

Jun 21

### Esker Cemetery Sunday

Commemorating deceased members of Esker Redemptorist Community

Sep 13

### \*St. Gerard Majella Triduum

Three days of devotional prayer at Esker.

Oct 12 - 14

Training for Parish Pastoral Councils available on request.

Contact *Fr. Johnny Doherty CSsR*

086 6849119

\*More detailed brochure available on request to The Secretary, Esker Retreat House, Athenry, Co. Galway. 091-844549  
eskerret@indigo.ie

## What some people say about Esker

*"A place of healing, renewal and community."*

*"Family friendly and good wholesome food in abundance."*

*"A haven in a busy working world."*

*"The woodland and walks are a little bit of heaven."*

*"It is a great place of peace and tranquillity."*

*"I truly found the course invaluable and key in opening discussions about areas which are often difficult to bring up in daily life."*

## Youth Village

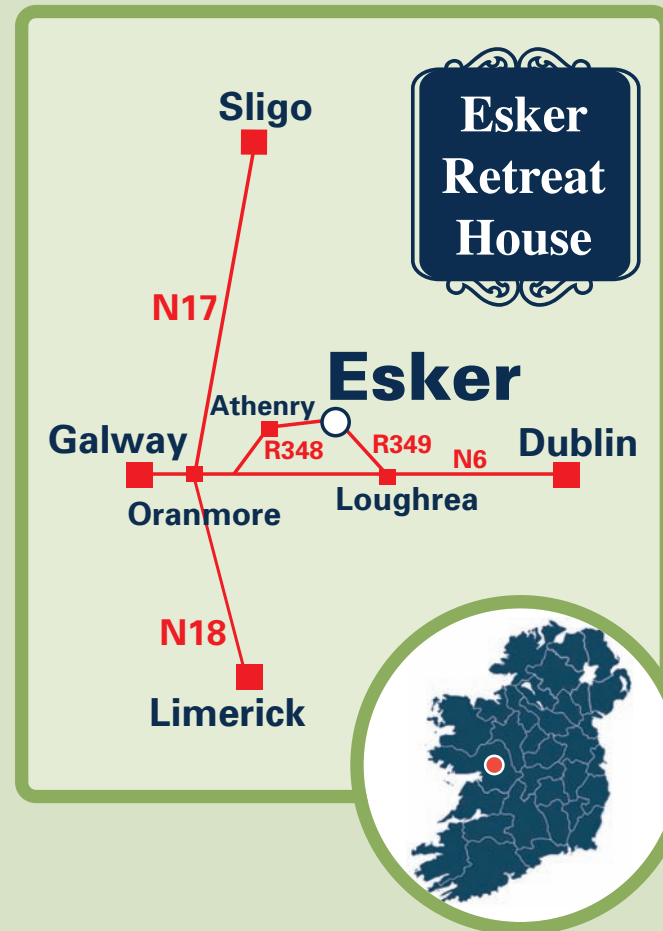
### School Retreats

facilitated by **Esker School Retreat Team**

Day and overnight programmes

Confirmation students through to Leaving Certs.

Mon - Thurs, Sept - May



We look forward to seeing you in Esker  
in 2009. May God bless you and all  
your loved ones.

A&T Print - 091 850771



# Redemptorist Retreat House Esker 2009



Secretary, Esker Retreat House, Athenry, Co. Galway

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**Fax** 091 845698

**email** eskerret@indigo.ie / cssresker@eircom.net

**web** www.eskercommunity.net

# Marriage & Family Life

## \*Marriage Preparation Weekend

A residential weekend in preparation for marriage. Given by married couples and a facilitator.

January 23 - 25    May 29 - 31    September 25 - 27  
February 20 - 22    June 26 - 28    October 23 - 25  
March 20 - 22    Jul 24 - 26    November 27 - 29  
April 24 - 26    August 21 - 23

## \*Workshop/Retreat for Married Couples

'All the days of my life' is a big commitment. How can you best live it out?

April 24 - 26    June 26 - 28    November 27 - 29

## Beginning Experience Weekend

A Bereavement support group for widowed, separated and divorced people.

Contact *Frances* 086-2574038

Feb 27 - Mar 1    May 15 - 17

## Beyond Beginning Experience

Contact *Maureen* 090 9642661

Jun 19 - 21

## \*Family Weekend

The programme consists of family-centred spiritual, arts, crafts and fun activities in the beautiful setting of Esker and its surrounding parkland.

May 8 - 10    Oct. 16-18

# Healing

## Healing in the Spirit Weekend - A Spirituality of True Self-Esteem

*Fr. Jim McManus CSsR*

The Spirituality of true self-esteem is based on the word of God. It is our response to God's life-affirming word that we are made in his image and "precious in his sight". This life-giving word of God is the principle of divine healing. During this retreat we will be praying for healing in the Spirit.

Mar 13 - 15

## The Healing Power of Forgiveness

*Fr. Jim McManus, C.Ss.R.*

The healing power of forgiveness is being re-discovered today by psychologists and medical scientists. Jesus, of course, knew this power. Forgiveness is the heart of the Gospel of Christ. But it is also a human skill that we can begin to acquire and need to develop.

Sept. 11 - 13

## Matt Talbot Weekend

A Serenity weekend for recovering alcoholics.

For information contact Esker Retreat House

Feb 6 - 8    Oct 9 - 11

## \*Bethany Bereavement Support Group Training

For parish-based groups to support others in their grieving journey

Enquiries *Fr. Johnny Doherty* 086 6849119

Training 1 Feb 13-15    Training 1 Oct 2-4  
Training 2 Mar 27-29    Training 2 Nov 20-22

## Grow

Mental health support group - helping people to help themselves.

Contact *Margaret Timlin* 094 9026417 [www.grow.ie](http://www.grow.ie) 1890 474 474

Jun 12 - 14

## \*Esker Healing Mission

Five days of prayerful preparation for Christmas.

Dec 14 - 18

# Prayer & Faith Development

Pioneer Day Retreat organised by Clonfert Pioneers.

Contact *Mary Mannion* 091 844695

Jan 11

## \*Easter Triduum

Meditate on the Passion, Death and Resurrection of Our Lord, in a Monastery setting.

April 9 - 12

## Foyer of Charity, 5 day preached silent retreat

For those already involved in the Foyers

Theme - Chosen in Christ to live through love.

Facilitator / Preacher *Fr. Killian Byrne*

To book contact *Mai Keating* 041-9819074

Apr 13 - 19

## Lumen Dei

Silent Retreat

Contact 087 6590551

Jun 5 - 7

## Directed Retreats

*Fr. Fonsie Doran CSsR*

March 15 - 22

091 850290

March 22 - 29

August 2 - 9

and on request

## Esker Solemn Novena to Our Lady of Perpetual Help

With six sessions a day, this annual Novena gathers thousands of people to celebrate faith and to be renewed in hope. It is mostly for people locally. But it is possible to stay in the Retreat House for a few days of this very special event if you live at a distance from Esker.

Jun 12 - 20

## \*Six day Preached Retreat

*Fr. Fonsie Doran, CSsR.* is a native of Hospital, Co. Limerick. He has been involved in mission preaching, youth work, in preached and directed retreats to priests, religious and laity both in Ireland and Nigeria. He is presently co-ordinator of the Esker Retreat House.

Jul 3 - 9

## Silent Meditation Weekend

Lovingkindness (metta) meditation is a gentle practice of opening our hearts and minds, growing in compassion for ourselves and others.

Further information Contact *Marjo Oosterhoff* 027 60223 email [moosterhoff@eircom.net](mailto:moosterhoff@eircom.net)

Jul 10 - 12

## Foyer of Charity, 5 day preached silent retreat

Theme - If you but knew the gift of God...

'Now to enter into the divine plan, one must not only 'receive Christ,' but, as St. Paul indicates, must 'receive the Holy Spirit' and submit oneself to His action, in order to be 'one with Christ' (Marmion, Christ the Life of the Soul, 132).

Facilitator *Fr. Killian Byrne*

To book contact *Mai Keating* on 041-9819074

Aug 3 - 9

## \*Six Day Preached Retreat

*Fr. Ciaran O'Callaghan C.Ss.R.* is a native of Dundalk, Co. Louth. For the past number of years he has lectured on Scripture in various colleges in Ireland. At present he is a member of the Redemptorist Leadership Team. He is co-ordinating the development of the Parish Mission and Preaching Ministry of Redemptorists.

10 - 16 Aug

## \*Advent Retreat

An opportunity to focus on the meaning of Christmas in our personal lives and in our world.

Dec 4 - 6

Dec 11 - 13